

Fact Sheet

Aging and Disability Services Administration
Washington State Department of Social and Health Services

September 2004	<h1>Fircrest Downsizing and RHC Consolidation Alternative Continued Operations</h1>														
<h2>Fircrest Capacity</h2> <p>As of June 1, 2004</p> <table><tr><th></th><th>ICF/MR</th><th>Nursing</th><th>Total</th></tr><tr><td>Cottages</td><td>6</td><td>6</td><td>12</td></tr><tr><td>Beds</td><td>96</td><td>108</td><td>204</td></tr></table> <p>NOTE: As a result of Legislative downsizing in the current biennium, Fircrest should reach a census of around 190 residents.</p>		ICF/MR	Nursing	Total	Cottages	6	6	12	Beds	96	108	204	<h2>Background</h2> <p>The plan for continuing to operate Fircrest School for approximately 190 residents would require a capital investment of at least \$18 million over the next four years in facility renovation and improvements. These costs include renovating and making improvements to cottages, consolidating audiology, physical therapy, adult training programs and the infirmary and pharmacy into two existing buildings, and installing fire sprinklers in all living units. Operations at the school would continue to cost \$67.8 million in each two-year period.</p>		
	ICF/MR	Nursing	Total												
Cottages	6	6	12												
Beds	96	108	204												
<p>Fircrest School serves individuals with developmental disabilities both as an ICF/MR and nursing facility</p>	<h2>Purpose of Fircrest</h2> <p>Fircrest School is both an intermediate care facility/mentally retarded (ICF/MR) and nursing facility meeting the needs of adults and with developmental disabilities. 24-hour residential care and specialized care or teaching is provided in the areas of work or vocational training, leisure activities, social relationships, and everyday life tasks. Programs and services are individualized and designed to enhance self-determination and maximize independence</p>														
<h2>Capital Needs</h2> <p>Dollars in Millions</p> <table><tr><th>Category</th><th>Cost</th></tr><tr><td>Program improvements</td><td>\$7.0</td></tr><tr><td>Modernization of occupied living units</td><td>\$6.5</td></tr><tr><td>Heating and electrical sytem upgrades)</td><td>\$3.6</td></tr><tr><td>Complete installation of fire sprinklers in living units</td><td>\$0.5</td></tr><tr><td>Vacate and demolish the last W W II era buildings</td><td>\$0.4</td></tr><tr><td>TOTAL</td><td>\$18.0</td></tr></table>	Category	Cost	Program improvements	\$7.0	Modernization of occupied living units	\$6.5	Heating and electrical sytem upgrades)	\$3.6	Complete installation of fire sprinklers in living units	\$0.5	Vacate and demolish the last W W II era buildings	\$0.4	TOTAL	\$18.0	<h2>Capital Budget</h2> <p>In order to continue operating as an effective Residential Habilitation Center, it will be necessary for the State to revitalize the facility.</p> <ul style="list-style-type: none">• Program improvements are necessary in order to consolidate support programs such as occupational and physical therapy, adult training programs, and other services that are distributed throughout the campus.• Living units need to be modernized to meet the needs of an aging population and to address maintenance needs• Both the heating and electrical systems are dated and require replacement.• Fire sprinklers must be installed in all living units to address concerns by the State Fire Marshall• The last of the WW II era buildings has to be demolished. <p>The Department would work with the contractors to minimize any disruptions to resident services that would result from these projects.</p>
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<p>The biennial operating budget for Fircrest is \$67.8 million.</p> <p>Fircrest employs an estimated 558 FTE staff</p>	<p>Services provided to residents at Fircrest</p> <ul style="list-style-type: none"> • Medical, dental and nursing care • Social and psychological services • Occupational, physical, and speech therapy evaluations, treatment and adaptive equipment • Vocational training and employment in paid jobs on-campus • Recreation facilities include a swimming pool, gymnasium, social center and leisure opportunities • Home-like residences staffed to promote the care and teaching of daily activities such as grooming, meals, socialization, shopping and money management, and community experiences • Nutrition and dietary services, including modified textures and therapeutic diets • Other life-enhancing supports and opportunities for clients.
<p>For more information on this topic, please see the DDD Web Site and click on the following links</p> <p>http://www1.dshs.wa.gov/ddd/rhc.shtml</p> <ul style="list-style-type: none"> ▪ Project Support Unit ▪ Preliminary Transition Plan submitted to the Legislature on 1-21-04 ▪ Fircrest Decision Package ▪ Employee Updates ▪ Additional links are added regularly 	<p>Additional Fact Sheets</p> <p>There are three additional Fact Sheets related to the Fircrest Alternative of closing Fircrest. The first provides an overall description of the closure plan, the second deals with Employee Transition and the third with Retention of Professional Licensed Services. These can be found on the RHC Downsizing webpage as referenced in the sidebar.</p>
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